










Tavinor Forde, Grade 3, Bequia


HEALTHY LIFESTYLE CHOICES

TAVINOR FORDE
7 YRS OLD


BALANCE YOUR LIFE

Carrots yes 	Candies No 	Apples yes 
don't smoke 	Bananas yes 	Alcohol No 
Exercise yes 	Less fry chicken 	Peas yes 

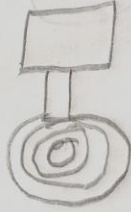
Milk is Good for you




Soda is bad for you



Wash hands after using toilet





Smoking is wrong

Exercise is good for you it keeps you fit.